

Key People in Physical Education

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Using the jungle gym safely Multi-skills Developing fine/ motor skills (Key book in each term links to over-arching theme)	Ball skills - Bukuyo Saka OAA-	Ball skills - Cristiano Ronaldo Seaside Dance – Maddie Ziegler	Football – Marcus Rashford Gymnastics (floor) - Max Whitlock	Football – Lionel Messi/ Gymnastics (floor) - Beth Tweddle Swimming – Ellie Simmonds	Rugby - Stuart Robinson Multi-skills – Nafi Thiam + team building OAA	Football - Alex Scott Mile a day
Autumn 2		Ball skills - Manu Tuilangi Gymnastics (floor) - Tang Xijing	OAA – team building Gymnastics (floor) - Melanie De Jesus dos Santos	Rugby – Jonah Lomu Fitness – Joe Wicks (OAA)	Rugby – Owen Farrel/ Dance - Ashley Banjo Swimming - Ellie Simmonds	Football – Mary Earps Gymnastics (floor) - Kohei Uchimura	Rugby - Jonny Wilkinson Mile a day
Spring 1		Multi-skills - Daley Thomson Mini Maui Thai - Anissa Meksen	Multi-skills Jessica Ennis-Hill Gymnastics (apparatus) - Louis Smith	Netball – Tracey Neville Roman Dance-Darcey Bussel	Hockey – Surendar Kumar / Gymnastics - Beth Tweddle (floor) Swimming - Ellie Simmonds	Hockey – Hollie Pearne-Webb Dance - Ashely Wallen	Netball – Serena Guthrie Mile a day
Spring 2		Tennis - Serena Williams Dance - Perry Kiely	Tennis – Andy Murray Dodgeball Abbie Gower (England Lions)	Hockey – Sam Quek Mutli Skills - Katrina Johnson-Thompson	Tennis - /Dance - Ashley Banjo Swimming - Ellie Simmonds	Netball – Geva Mentor Yoga - Patanjali	Tennis – Carlos Alcaraz Mile a day

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Summer 1		Athletics - Kare Adenegan Dodgeball - Philip Ferguson	Athletics – Mo Farah Pirate Fitness Kayla Itsines	Swimming - Adam Peaty Athletics - Eliud Kipchoge Rounders – Hank Aaron	Athletics – Jonnie Peacock Rounders - Freddie Freeman	Athletics - Zak Skinner Tennis – Serena Williams	Athletics – Sophie Hahn Mile a day
Summer 2		Athletics - Stef Reid Cricket - James Anderson	Cricket - Kevin Pieterston Athletics – Usain Bolt	Swimming - Adam Peaty Cricket - Mark Ramprakash Rounders – Hank Aaron	OAA Netball - Laura Langman	OAA – orienteering Rounders – Rohit Sharma	Rounders – Jofra Archer OAA - orienteering

Units in bold = indoor sports

Units in red = inter-house tournaments to end the unit