

# WHITEKNIGHTS ARROW



Date 13th October 2023

No.: Issue #6

## WHAT'S ON NEXT WEEK

MONDAY 16 OCTOBER	TUESDAY 17 OCTOBER	WEDNESDAY 18 OCTOBER	THURSDAY 19 OCTOBER	FRIDAY 20 OCTOBER
SEND Parent Meetings	SEND Parent Meetings	SEND Parent Meetings	SEND Parent Meetings	SEND Parent Meetings
Harvest Festival	Year 3 Trip to Butser Farm			<b>END OF TERM</b> School Closes at 3:20pm
Last day to Purchase WPCA Panto Tickets				Invictus Games hosted by Whiteknights
				WPCA Sweet Sale 3:30pm

\*Please note: Our Extra Curricular Club Timetable is available to view via the website—click on the link below

KEY:

WHOLE SCHOOL

YEAR GROUP SPECIFIC

OTHER

+CLICK TO VIEW ONLINE SCHOOL CALENDAR AND EXTRA CURRICULAR TIMETABLE

## SCHOOL ATTENDANCE

OVERALL TOTAL: 96.7%

REC—Crystal	95.9%	Y4—Amethyst	97.6%
REC—Pearl	96.7%	Y4—Jasper	98.0%
Y1—Amber	96.3%	Y5—Emerald	96.7%
Y1—Jade	99.3%	Y5—Onyx	XX%
Y2—Opal	97.0%	Y5—Sapphire	95.3%
Y2—Topaz	98.0%	Y6—Obsidian	97.5%
Y3—Diamond	92.7%	Y6—Ruby	98.0%
Y3—Garnet	98.7%	Y6—Tiger's Eye	99.0%



ATTENDANCE MATTERS!

Every Child | In School | On Time | Every Day

# DATES FOR THE DIARY

Monday, 23rd October to Friday, 27th October	Autumn half-term break
Monday, 30th October	INSET Day—school closed to all Pupils
Tuesday, 31st October	Pupils return to school
Wednesday, 1st November	Guided School Tours 9.15am—new prospective parents
Thursday, 2nd November	Tempest Photo Day—Individual and sibling photographs
Friday, 3rd November	Year 5 and 6 SPLAT—2pm start in the school hall
Friday, 3rd November	Year 1—Lower Earley Library Visit (within school hours)
Monday, 13th November	Year 5 Delegates to attend Chocolate Factory Workshop at Leighton Park School (within school hours)
Tuesday, 14th November	Year 2 Topaz Class - Lower Earley Library Visit (within school hours)
Wednesday, 15th November	Year 6 Measurement Programme (within school hours)
Friday, 17th November	Year 1—Lower Earley Library Visit (within school hours)
Tuesday, 21st November	Year 2 Opal Class - Lower Earley Library Visit (within school hours)
Thursday, 23rd November	Year 3 Diamond Class Library visit
Thursday, 7th December	Year 3 Garnet Class Library visit
Tuesday, 9th January 2024	Year 4 SPLAT—2pm start in the school hall
Wednesday, 13th March 2024	Year 3 SPLAT—2pm start in the school hall
Wednesday, 22nd May 2024	Year 3 SPLAT—2pm start in the school hall
Tuesday, 2nd July 2024	Year 4 SPLAT—2pm start in the school hall



Please click on the picture for information about a new basketball club starting after half term.

# WHOLE-SCHOOL NOTICES

- HARVEST FESTIVAL:** Can children bring their items as they arrive into school on Monday 16th October. There will be tables outside the hall to collect the items.

Please ensure all donated food items are within “use by date” – thank you.

**PRIORITY NEEDS:** Tinned tomatoes, tinned vegetables; carrots, peas, sweetcorn etc. cooking oil, packs of biscuits, tinned meat, pot noodles, nappies size 5, 6, 7 & 8, bay wipes, baby shampoo, baby soap, baby lotion, nappy rash cream, long life or UHT milk, 40s teabags, Basmati rice, rice pouches, cartons of juice, drinking squash, coffee.

**SPECIALIST FOODS NEEDED:** Dried noodles, dried lentils, dried couscous, plain flour.

**General foodbank needs are:** Tinned fruit, tinned & instant potatoes, tinned ready meals, rice- 500g & 1kg bags, baked beans, soup (tins and cuppa), cooking sauces, tinned fish, cereal, tea, coffee, sugar, cereal bars, sweet & savoury biscuits, tinned & dried pulses, packet desert (custard, angel delight), sandwich spreads, jam, plain flour, gluten free items, vegan items, crisps & Toiletries.

We currently have a large stock of pasta and gluten free pasta, so we are not in need of pasta donations, thank you. Please go to our home page to see how we are donating surplus pasta to be added to food aid parcels in Ukraine.

We are unable to accept donations of baby milk. This is under UNICEF guidelines to food banks in the U.K

- PARENTS AND GUARDIAN COFFEE MORNING WEDNESDAYS:** Reading Gateway Church has partnered with Whiteknights to offer free coffee mornings for parents and guardians. WHEN: 18/10, 01/11, 22/11, 06/12 and 20/12 |TIME: 8.30am to 10am|WHERE: Reading Gateway Church @ St Barnabas Hall | PLEASE NOTE: Tea, coffee, squash, toast and jam will be provided as well as baby and toddler toys

- EXTRA—CURRICULAR CLUB INFORMATION:**

Please click on the below links to view new term booking information letters for:

**YEAR 2 LEGO CLUB —**  
[Whiteknights Primary School Lego Letter - Tuesday](#)

**YEARS 1 AND 2 ARTIKIDS CLUB—**  
[Whiteknights Primary School Artikids Letter - Thursday](#)

**YEAR 3 AND 4 ARTIKIDS CLUB**  
[Whiteknights Primary School Artikids Letter - Wednesday](#)

**YEARS 3—6 CHESS CLUB**  
[Chess-Club-Letter.docx \(live.com\)](#)

# GROUP-SPECIFIC NOTICES

## NURSERY : Notices and Reminders

- No notices this week.

## RECEPTION : Notices and Reminders

- No notices this week.

## YEAR 1 and YEAR 2 : Notices and Reminders

- No notices this week.

## YEAR 3 and YEAR 4 : Notices and Reminders

- **YEAR 3:** Diamond class are visiting the Library on Thursday, 23rd November and Garnet class on Thursday, 7th December.

We will be walking to and from the library, leaving the school at 1:25pm and returning at 3:00pm.

We do require parent volunteers for both of these dates. If you are able to offer help, please let your child's class teacher know.

Thanking you in advance.

- **YEAR 3 AND 4 SPLAT PRESENTATION:** Please find link below to view the presentation given at the recent Year 3 and 4 SPLAT:  
[PowerPoint Presentation \(whiteknights.wokingham.sch.uk\)](http://whiteknights.wokingham.sch.uk)

## YEAR 5 and YEAR 6 : Notices and Reminders

- No notices this week.

# CELEBRATING WHITENIGHTS

Shining a spotlight on school life and pupil achievement

## COMPOSER OF THE WEEK

We have spent week 7 listening to another of Chopin's pieces.

Composed for the piano, this piece is extremely fast!

Click on the picture to view:

Week 7

**Composition Title:** Fantaisie-Improvisation in C-Sharp Minor

**Date:** 1834

**Composer:** Frederic Chopin

**Musical Elements:** Presto - very quickly, Minor key, Solo for piano

**Where in the World?** Poland

**DID YOU KNOW?** This piece was published after Chopin's death despite his instructions that none of his unpublished work should ever be published.

**Era:** Romantic

History of Music Timeline

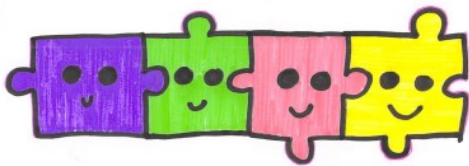
## JIGSAW — PSHE

This week we are celebrating people who:

Work well with others.

## SAYING OF THE WEEK

The jigsaw rules help us all!



## MINECRAFT BUILDER OF THE WEEK



Congratulations to Blake for his fantastic Viking God this week!

## PUPIL SPOTLIGHT : CELEBRATING PUPIL ACHIEVEMENTS BEYOND SCHOOL

- No notices this week.

## USEFUL LINKS

SCHOOL FORMS

SCHOOL MEALS

TERM DATES



Please click on the picture to the right to view a clearer image of this very useful guide from National Online Safety.

## SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

### A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to upsetting stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

- FIND OUT WHAT YOUR CHILD KNOWS**  
There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.
- RIGHT TIME, RIGHT PLACE**  
Starting a conversation about upsetting content properly isn't the best time when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking. Make sure you have their full attention. Make sure, wherever these conversations can become emotional, sit close to them so that your child feels safe and comfortable.
- KEEP IT AGE APPROPRIATE**  
With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening, but again, do stay aware of their emotional state.
- EMPHASISE HOPE**  
Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.
- MONITOR REACTIONS**  
All children react differently to content, and young people might not directly say that they're scared, angry, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgemental space and try to stay mindful of how they might be feeling.
- CONSIDER YOUR OWN EMOTIONS**  
It's not only young people who find upsetting news difficult to process; adults also have to deal with sitting emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.
- SET LIMITS**  
Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.
- TAKE THINGS SLOWLY**  
Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple one, leaving the door to the subject and then wait until your child is ready to take on more. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.
- ENCOURAGE QUESTIONS**  
Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to ask questions if they see instead of being angry at you for seeing it. Children are often told hearing that not everything online is accurate – you want to be their ultimate source of information, not their device.
- FIND A BALANCE**  
There's often a tremendous compulsion to stay right up to date with events. Our phones are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to ask questions if they see instead of being angry at you for seeing it. Children are often told hearing that not everything online is accurate – you want to be their ultimate source of information, not their device.
- BUILD RESILIENCE**  
News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to engage with content when they are exposed to it. Talk about upsetting content more generally with your child and emphasize that they can always tell you or a trusted adult if something they see makes them feel uneasy.
- IDENTIFY HELP**  
It's hugely important that children know where to find support if they encounter upsetting content. Encourage them to open up to an adult that they trust, and emphasize that their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

**Meet Our Expert**  
Coryke Jonsson is the director of #WakeUpSouthAfrica, which is a reporting system that is currently being used by schools and colleges to help bullying spread the word. #WakeUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.

**National Online Safety**  
#WakeUpWednesday

@nationalonlinesafety | #NationalOnlineSafety | @nationalonlinesafety | @national\_online\_safety



## KS2 WALKING HOME UNACCOMPANIED

In order to ensure children's safety, only children in Key Stage 2 are allowed to walk home on their own. Children in Key Stage 1 need to be collected by an adult (it is not appropriate for an older sibling in KS2 to walk them home).

This does not mean that all children in KS2 are ready to walk home on their own. Parents need to consider their child's age, maturity and independence, as well as their distance from the school and the safety of the route before making a decision about whether or not it is safe for each child to walk home unaccompanied by an adult.

### HELPFUL TIPS FOR ASSESSING YOUR CHILD'S READINESS

How do you know if your child is ready to walk or ride his/her bike to and from school? By discussing possible scenarios with him/her. Ideally, your child should know the following twelve points before she/he is ever alone in public. Talk about each one of the twelve points listed below from Gavin de Becker's book, *Protecting the Gift* to help establish their readiness or areas to support them with:

- Does your child know how to honour his feelings? If someone makes him uncomfortable, that's an important signal.
- Are you as the parent strong enough to hear about any experience your child has had, no matter how unpleasant?
- Does your child know it's okay to rebuff and defy adults?
- Does your child know it's okay to be assertive?
- Does your child know how to ask for assistance or help?
- Does your child know how to choose who to ask?
- Does your child know how to describe his peril?
- Does your child know it's okay to strike, even to injure, someone if he believes he is in danger, and that you'll support any action he takes as a result of feeling uncomfortable or afraid?
- Does your child know it's okay to make noise, to scream, to yell, to run?
- Does your child know that if someone ever tries to force him to go somewhere, what he screams should include, "This is not my father"?  
Onlookers seeing a child scream or even struggle are likely to assume the adult is a parent.
- Does your child know that if someone says, "Don't yell", the thing to do is yell? The corollary is if someone says, "Don't tell", the thing to do is tell.
- Does your child know to fully resist ever going anywhere out of public view with someone he doesn't know, and particularly to resist going anywhere with someone who tries to persuade him?

# WHITEKNIGHTS PARENT COMMUNITY ASSOCIATION NOTICE BOARD



Thank you to those who have already bought tickets for the Panto, Sleeping Beauty at the Hexagon on Tuesday 19th December at 2pm.

As a reminder, this is a family event which is taking place once term has finished. Therefore, children must be accompanied by an adult and all those attending must purchase a ticket. You must make your own way to The Hexagon for the performance. The WPCA has reserved a block of seats in the balcony, which enables us to purchase tickets at a reduced price and for all Whiteknights families to sit together during the show.

For those who still wish to buy tickets, the deadline for purchasing via the WPCA group discount is **9am on Monday 16th October**. You will not be able to purchase via Scopay after this time. You will receive tickets for the performance well before the end of term.

For any questions please contact [whiteknightspca@gmail.com](mailto:whiteknightspca@gmail.com). Further information about the Panto can be found here: <https://whatsonreading.com/venues/hexagon/whats-on/sleeping-beauty>

It's set to be a great performance!



## A WHITEKNIGHTS FAMILY FAVOURITE!

DISCOUNTED TICKETS  
NOW ON SALE!  
£20/ticket via SCOpay

DID YOU KNOW,  
16 to 22 OCTOBER  
IS **RECYCLE WEEK?**  
WHY NOT TAKE UP THE BAG2SCHOOL  
RECYCLING CHALLENGE WHILST RAISING  
VALUABLE FUNDS FOR THE SCHOOL?

### THINKING ABOUT A GOOD CLEAR OUT?

Build a more sustainable future whilst raising funds for the school!

What can you give?

- ♻️ Clothing textiles
- ♻️ Shoes, hats, bags, handbags, scarves ties and belts
- ♻️ Soft toys
- ♻️ Household linen, curtains and towels



The Challenge: As well as raising vitally needed funds for **Whiteknights**, it also helps the environment by helping to divert unwanted textiles away from landfill. A recent DEFRA report has shown that textile collection schemes are helping to reduce the volume of textiles discarded as municipal solid waste. However it is a fact that as a nation we still send 350,000 tonnes of textiles to landfill every year.

By getting involved in our **Bag2School** collection, you have an opportunity to sort through your cupboards and wardrobes and donate unwanted textiles. **In addition to raising much needed funds it will also raise awareness amongst the children of the benefits of recycling and reuse.**

**Bag2School** will be collecting from **Whiteknights** on **6th November**. Please bring your bag (or bags!) to the school office and help us have a really good collection.

Please be on the look out for **MyChildsArt** artwork forms that will be sent home next week Friday. This is one of our very popular fundraising initiatives for Christmas. Turn your child's artwork into unique and special gifts to give to your loved ones this Christmas. Parents can choose from a full range of over 20 products.

Artwork designs must be returned by the **3rd of November**.



Create your artwork on the artwork sheet provided following the guidelines below.



## Artwork Guidelines

For best printed results we recommend full coverage designs that use **bright / bold felt-tip pens**.

### Do Use...

- Felt-Tip Pens
- Bright Colours
- Poster Paint

### Don't Use...

- Light Colours
- Collage
- Pencils
- Metallic Pens
- Crayons
- Glitter

All of our products (including cards) are set up to work with portrait designs only on the original artwork sheets provided. Please **DO NOT** photocopy the sheets - we are happy to send you extra if needed.



The sheets are processed using a high speed roller-fed scanner, so please **DO NOT** stick anything onto the artwork sheet as this will not feed through the scanner properly.

If you are using paint, please ensure this is not applied too thickly and that the sheets are completely dry before packing. If not, quite often they get stuck (either to each other or whilst going through the scanner) which tears the artwork sheet - spoiling the child's picture and all their hard work!

# NEWS FLASH!



WHAT ? SWEET CONE SALE

WHEN ? next week Friday  
20<sup>th</sup> October

TIME ? after school

WHERE ? near the main school gate



CASH  
ONLY

SEE YOU  
THERE!

£1/  
cone

\*Kindly bring money in small demonimations.