

THE WHITEKNIGHTS ARROW



3rd October 2025—Issue No: 5

NEXT WEEK

**Monday,
6th October**

**Tuesday,
7th October**

2PM - YEAR 4 SPLAT SESSION (in the school hall)

**Wednesday,
8th October**

**Thursday,
9th October**

YEAR 4 AMETHYST CLASS—SWIMMING
YEAR 2 REINSPIRED VISIT

**Friday,
10th October**

YUAN TANG (MP) VISITING YEAR 1 AND 2
WORLD MENTAL HEALTH DAY AWARENESS—children to wear something yellow with their school uniform

**ON THE
MENU**

Available daily: Freshly Baked Bread, Jacket Potato with a Choice of Fillings, Salad Selection, Fresh Fruit, Yoghurt

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Margherita Pizza with
Coleslaw & Potato Wedges
Oriental Style Stir Fried
Vegetables with Rice
Herb Roasted Butternut
Squash / Peas
Parsnip & Apple Sponge Cake
with Custard

Mild Chilli Beef with Soft Taco,
Rice & Salsa
Bean & Vegetable Chilli with Soft
Taco, Rice & Salsa
Broccoli / Carrots
Oatmeal Cookie with Fruit
Wedges

Roast Gammon with Roast New
Potatoes, Yorkshire Pudding &
Gravy
Vegetable Loaf with Roast New
Potatoes & Yorkshire Pudding &
Gravy
Garlic Green Beans / Sweetcorn
Chocolate Sponge Cake with
Chocolate Sauce

Chicken & Sweetcorn Pie with
Herby New Potatoes
Japanese Style Curry with Rice
Thyme Roasted Carrots / Savoy
Cabbage
Jelly with Fresh Fruit Wedges

Breaded Fish with Chips &
Tomato Sauce
Butternut Squash Frittata with
Chips & Tomato Sauce
Peas / Baked Beans
Pear & Chocolate Crumble with
Custard

REMINDER

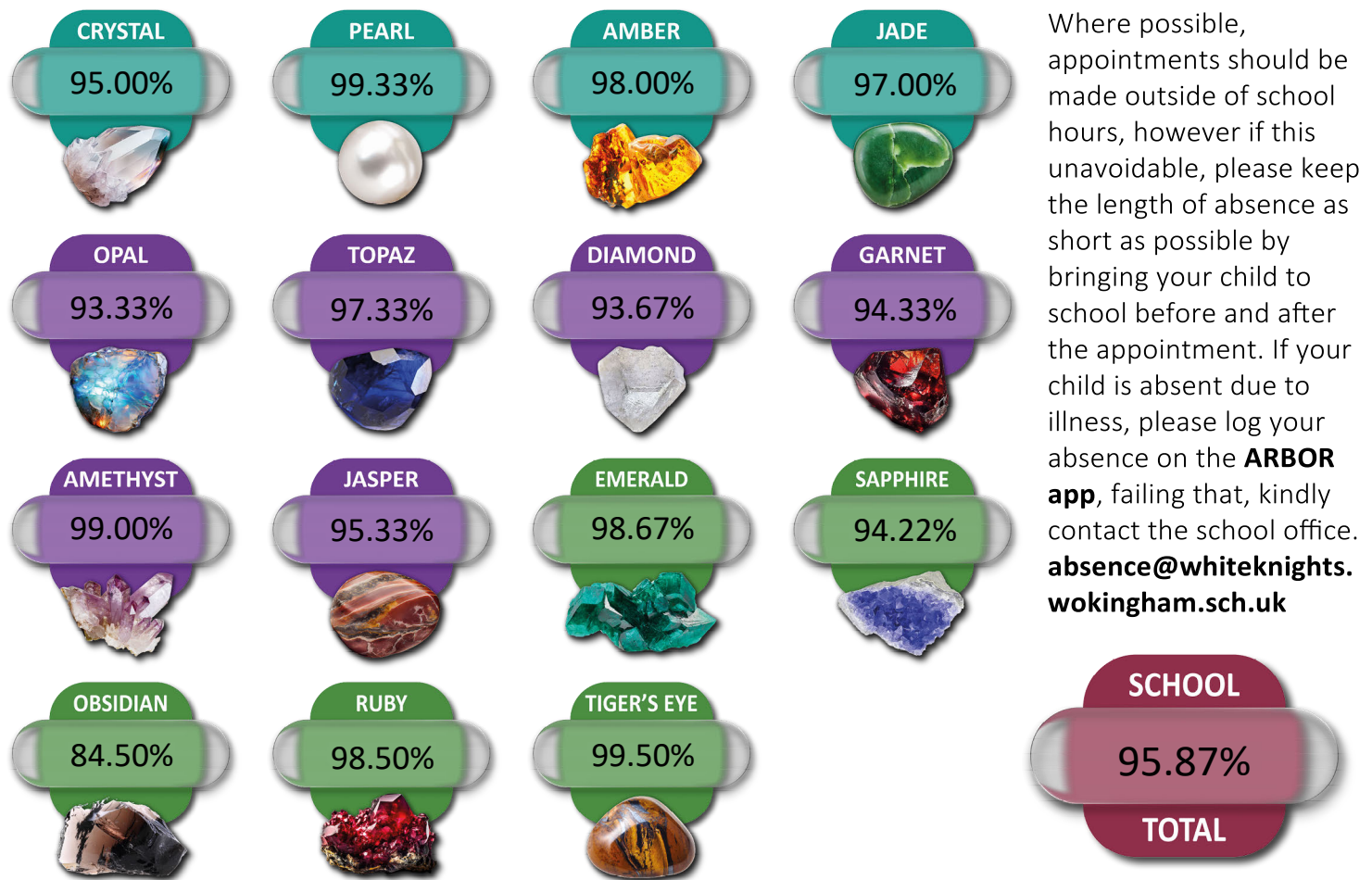
Don't forget to wear something yellow on Friday, 10 October for World Mental Health Day. Let's Shine Bright for World Mental Health Day!



ATTENDANCE MATTERS!

✓ EVERY CHILD
✓ IN SCHOOL

✓ ON TIME
✓ EVERY DAY



When you're not in school you miss out on...



Learning new skills



Good assessment results



Support and help



Time with friends



Best chance to succeed

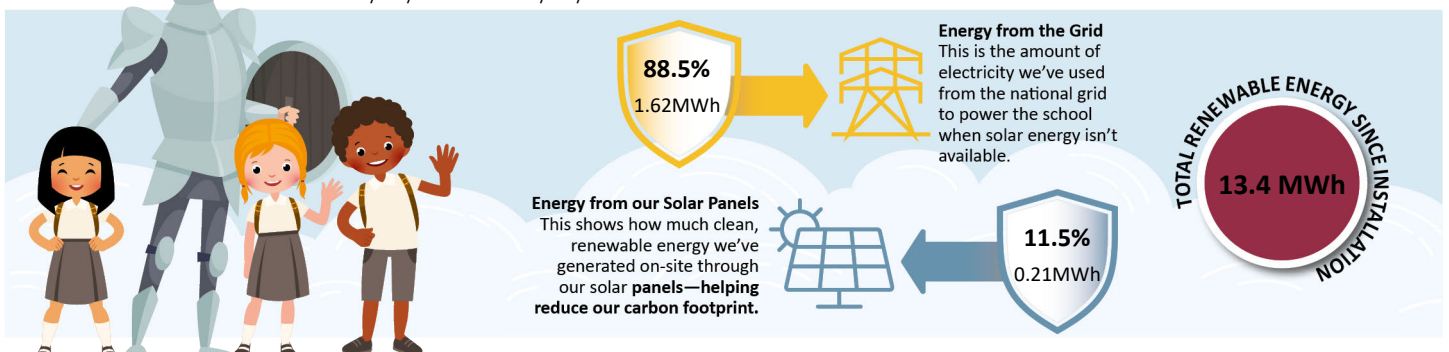


School activities



The Whitenights NET ZERO Quest

WEEK: 26/09/2025 TO 02/10/2025



Harrisons would be grateful if you could take the time to complete their brief survey on your child's dining experience:

[LUNCH QUESTIONNAIRE](#)

SCHOOL BAG ADORNMENTS

Can we kindly request that your **children do not attach any toys to their school bag**. They are causing too much distraction, and we would hate for them to get damaged or lost.

YEAR 6 SECONDARY SCHOOL APPLICATIONS:

The deadline for applications to secondary schools is 31st October 2025. Click on the links below to view application processes/portals for WBC and RBC.

[Reading Borough Council](#)

[Wokingham Borough Council](#)

NOTICES & REMINDERS

ARBOR BOOKINGS QUICK GUIDE:

We have had some queries regarding making bookings on Arbor, so we thought we would re-share these handy quick guides for parents to view:

We are now using Arbor for:

- Ordering and paying for school lunches
- Booking Extended Care (Breakfast Club & After School Club)
- Booking School-Run Clubs

You must have money in your Arbor account before making bookings. Families using Childcare Vouchers can continue as before.

QUICK GUIDE FOR ORDERS AND BOOKINGS:

School Lunches

- Meals must be ordered 48 hours in advance.
- Reception–Year 2 still receive free meals, but orders must still be made.
- The school office can no longer place same-day orders.

How to order a lunch:

1. Select Quick Actions
2. Choose Meals
3. Click on the day
4. Pick your meal from the dropdown menu

Extended Care

(Breakfast & After School Club)

- Sessions must be booked/ cancelled 48 hours in advance.
- Childcare Voucher payments remain available and will be reconciled monthly.

How to book:

1. In the parent portal, scroll to Activities
2. Click your child's name > Clubs
3. Select Breakfast Club or After School Club
4. Click Register for this Club
5. Choose your membership and sessions.

School-Run Clubs

- Payment is required in your Club account before booking.
- Childcare Vouchers accepted (balances reconciled monthly).

How to book:

1. Go to Activities > Clubs
2. Select the available club for your child
3. Click Register
4. Choose membership, dates, and sessions

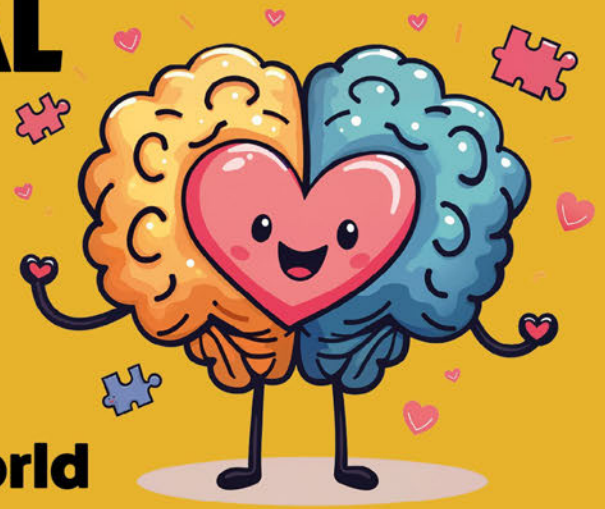
LUNCH ORDERS GUIDE

EXTENDED CARE
BOOKING GUIDE

SCHOOL-RUN CLUBS
BOOKING GUIDE

WORLD MENTAL HEALTH DAY

– 10 OCTOBER 2025



**Let's Shine Bright for World
Mental Health Day!**

This World Mental Health Day we are encouraging all our children to **wear a splash of yellow with their school uniform**— maybe some socks, a hairband, or another little accessory. Yellow is a colour that reminds us of sunshine and happiness, and by wearing it we can help raise awareness of the importance of looking after our mental health.

Talking about feelings, showing kindness, and supporting each other makes our school a brighter, happier place for everyone.

**Let's wear yellow and
shine together!**



PACKED LUNCHES:

If you choose to provide your child a packed lunch, please ensure that it is of a healthy nature. **Note:** crisps, chocolate products and fizzy drinks are not permitted. All lunch boxes, flasks and purses must be labelled clearly with your child's name.



HEALTHY PACKED LUNCH IDEAS

Encourage your child to enjoy a variety of foods and benefit from a range of nutrients.

If you choose to provide a packed lunch for your child, it's worth following these tips to ensure you include the key nutrients needed to support your child's growth and learning.

What to include:

Fruits and Vegetables

How much?

At least 1 fruit and 1 vegetable in each lunchbox.

Examples:

Fresh fruit, tinned fruits (in juice not syrup), dried fruits, salad items and vegetables.

You could include vegetable crudites for dipping or add veggies to salads, pasta or rice dishes.

Why?

Fruit and vegetables are a good source of vitamins, minerals, fibre and anti-oxidants.

Tips:

Aim for a variety of colours. Not only will it make the lunchbox look more appetising but it also provides a variety of different vitamins and minerals.

Starchy Foods

How much?

Include at least 1 portion

Examples:

Sandwiches, pitta bread, wraps, pasta salad, potato salad, sweet potato wedges, rice dishes, cous cous, bread sticks, crackers, oat cakes, rice cakes.

Why?

These foods will provide energy, fuel for vital tissues and organs including the brain, fibre, B vitamins and other minerals.

Tips:

Try to include some wholegrain varieties from this food group each week such as brown, wholemeal, granary or 50/50 bread, wholewheat pasta or brown rice.

Beans, Pulses, Fish, Eggs, Meat and other Proteins

How much?

Include at least 1 portion in every lunchbox.

Examples:

Chicken, turkey, pork, beef, lamb, beans, fish, shellfish, lentils, chickpeas, pulses, soya products such as tofu, quorn, hummus.

Why?

These foods provide protein, iron and zinc.

Tips:

Try to include at least one portion of fish each week. Oily fish such as fresh, tinned or frozen salmon, sardines, pilchards, mackerel, herring, and fresh tuna may be beneficial for children's cognitive development. Try a salmon or mackerel pate as a dip or sandwich filler.

Dairy and Alternatives

How much?

Include at least 1 portion

Examples:

Carton of milk, cheese, yoghurts, custard, rice pudding, milk or yoghurt based smoothies, soya, oat milk

Why?

These foods provide calcium, B vitamins and protein.

Tips:

If your child is over 2yrs and growing well opt for semi-skimmed milk and low fat yoghurts and cheeses.

Drinks

How much?

Include a healthy drink daily.

Examples:

Milk and water are the only tooth friendly drinks for children and are the best options for your child's lunchbox.

Tips:

There's no need to spend money on exotic or colourful looking drinks. Tap water is free and one of the healthiest drinks you can offer your child. Fill a reusable bottle with fresh tap water.

AVOID including the following:

Foods high in fat, sugar or salt

Avoid including these foods in your child's lunchbox.

Examples:

Crisps, biscuits, cereal bars, chocolate, sweets and other confectionery, fried foods, takeaway or fast food meals, pastries, fizzy drinks or juice style drinks.

Why?

These foods are often known as empty calories because they provide energy but very few useful nutrients. These foods often contain lots of sugar, salt or saturated fat.

For more tips and recipes, visit-

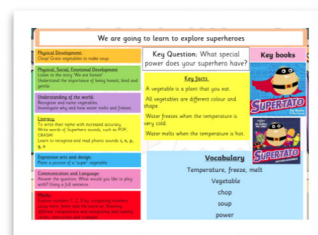
<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

CLASS NOTICES



RECEPTION CRYSTAL & PEARL

Please click on the thumbnail to view the knowledge organizer showing what your child will be learning about in class next week.



YEAR 1 AMBER & JADE

Year 1 Maths homework due dates and which pages need to be completed. The class teacher will check their Maths homework every Tuesday to see if the children have done the homework.

Year 1	
Homework due date	Pages to complete
16 th September	4-6
23 rd September	7-9
30 th September	10-12
7 th October	13-15
14 th October	16-18
21 st October	20-22



YEAR 2 OPAL & TOPAZ

Year 2 Maths homework due dates and which pages need to be completed.

Year 2	
Homework due date	Pages to complete
22 nd September	4 – 6
29 th September	7 – 9
6 th October	10 – 12
13 th October	13 – 15
20 th October	17 – 19
3 rd November	20 - 22



YEAR 3 DIAMOND & GARNET

Each week, Year 3 pupils should complete the homework listed, and return completed homework for checking every Wednesday.

- Two maths nuggets on Century
- Read every day, and write in your diary. Use the first page to guide your child to write in their diary
- Complete a Accelerated Reader quiz at least once every three weeks, but should be completed as soon as your child has finished their book
- Spellings



We are making an appeal for parent volunteers for our Year 3 trip to Butser Ancient Farm on Friday, 24th October.

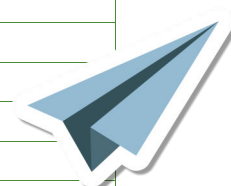
Please get in touch with the school office if you are able to help!



UPCOMING EVENTS



Tuesday, 7th Oct	2pm - Year 4 SPLAT in the School Hall
Thursday, 9th Oct	Year 2 REInspired Visit
Friday, 10th Oct	Yuan Tang (MP) Visiting Year 1 and 2
Thursday, 10th Oct	World Mental Health Day—children to wear something yellow with their school uniform
Tuesday, 14th Oct	WPCA - Happy's Circus Visit (Doors Open 4pm to Start at 5:30pm)
Friday, 17th Oct	WPCA non-uniform day (£1 donation)
Tuesday, 21st Oct	2pm - Year 3 SPLAT in the School Hall
Friday, 24th Oct	Year 4 trip to Butser Ancient Farm
	Year 6 Electricity and Circuits Workshop
	Last Day of Term—School Finishes at 3:20pm
Monday, 3rd Nov	INSET Day—School Closed for Pupils
Tuesday, 4th Nov	Staff and Pupils Return to School
Thursday, 6th Nov	9:45am - Guided School tour for prospective families
Friday, 7th Nov	Remembrance Parade
Monday, 10th Nov	Year 6 Leave for Residential Trip to Mill on the Brue
Wednesday, 12th Nov	Year 3-Diamond Class visit to UOR for Fossil Workshop
Thursday, 13th Nov	2pm - Year 1 SPLAT in the School Hall
	Year 3-Garnet Class visit to UOR for Fossil Workshop
Friday, 14th Nov	Year 4 REInspired Visit
	Year 6 Return from Mill on the Brue Residential Trip
Thursday, 20th Nov	3:30pm to 4pm - Year 5 Parent Information Evening for Year 6 Residential Trip 2026
Friday, 21st Nov	2pm - Year 5 and Year 6 SPLAT in the School Hall
Thursday, 27th Nov	Year 1 REInspired Visit
	Year 5 Trip to Winchester Science Museum
Friday, 28th Nov	1:30pm - Guided School tour for prospective families
Sunday, 7th Dec	WPCA Panto Trip to the Hexagon Theatre (outside of school hours)
Tuesday, 9th Dec	1:30pm - Guided School tour for prospective families
	3:40pm to 6pm - Parent's Evening
Wednesday, 10th Dec	4pm to 6:30pm - Parents' Evening
Monday, 15th Dec	Year 4 Leave for Residential Trip to Burwell House
	Year 1 and Year 2 Dress Rehearsal for Christmas production
Tuesday, 16th Dec	9:30am and 2pm - Year 1 and Year 2 Christmas Production Performances to Parents
Wednesday, 17th Dec	Christmas Jumper Day/Christmas Dinner
	Year 4 Return from Burwell House
Thursday, 18th Dec	Church Carols Service—Year 5
	1:30pm - Nursery SPLAT in School Hall
Friday, 19th Dec	Last Day of Term. School closes promptly at 3:20pm. No After School Clubs.
Monday, 5th Jan	Staff and Pupils Return to School





CELEBRATING WHITEKNIGHTS

LEARNER SHOWCASE: SCHOOL LIFE, NEWS AND LEARNING ACHIEVEMENTS

Discover the latest school news, including classroom highlights, sporting events, school trips and more, click on the links below:-

BUDDING KNIGHTS IN ACTION

Last Sunday, four of our young knights-in-training took action to help our school and community look its best. As part of their **Knighthood Scheme tasks**, Jacob, Aidan, and Owen (Year 2), together with Grayson (Reception), put on their gloves and went litter picking. They cleared the alleyway leading to school, the car park, and the lane beyond, collecting rubbish and making a visible difference.

We are really proud of their initiative and hard work and we hope their example inspires others—whether by joining in with a litter pick or by simply remembering not to drop litter—to help keep our community clean and welcoming.



HEAD BOY AND HEAD GIRL ANNOUNCED

After a vote by their Year 6 peers, the results are in, and it is clear that both pupils are admired and trusted to take on this important role. Congratulations to Aditya and Linda. As Head Boy and Head Girl, they will lead the Year 6 leadership team, set an example for others across the school, and represent Whiteknights with pride. We look forward to seeing the positive impact they will make this year as they embrace their responsibilities.

WPCA NOTICES



14 OCTOBER 2025

Don't delay, buy
your tickets
today!

**HAPPY'S
CIRCUS**
Even the kids will love it!

RUNNING OF EVENTS

4.00pm	:	GATES OPEN (food available to purchase)
5.00pm	:	BIG TOP OPENS
5.10pm	:	PRE SHOW
5.30pm	:	SHOW STARTS
6.15pm	:	INTERVAL
6.45pm	:	SECOND HALF
7:30pm	:	SHOW ENDS

Photo opportunities after the show

Whiteknights Primary School, Fairlawn Green,
Shinfield Rise, Reading, RG2 8EP (satnav RG2 8EG)

SECURE YOUR
BOOKING NOW!



£15/ticket | Kids under 2yoa - free | Kids to be accompanied by
an adult | Food and beverages on sale | Fun for the whole family

NON-UNIFORM DAY

17.10.2025

£1 DONATION



**SAVE THE
DATE!**



OUR PANTO
TICKETS ARE
SELLING FAST!
DON'T MISS OUT
ON THIS ANNUAL
FAMILY FAVOURITE
EVENT — GET
YOUR TICKETS
TODAY!

PLEASE NOTE: THE
PANTO TAKES
PLACE OUTSIDE OF
SCHOOL HOURS,
AND ALL CHILDREN
MUST BE
ACCOMPANIED BY
AN ADULT.



SAVE THE DATE_07_12_2025

ADMITTS_1

BEAUTY & THE BEAST PANTO

7 DECEMBER, 5^{PM} AT THE
HEXAGON, READING

TICKETS ON SALE THROUGH PTA EVENTS PAGE
£28.50 PER TICKET, INCLUDING BOOKING FEE

